

# BAKED SQUASH WITH CHICKEN-STYLE FILET PIECES

### **INGREDIENTS**

Щ¶ 2 SERVINGS

**(**) 40 MIN



1 pack Garden Gourmet Filet Pieces

400g skinless squash

200g cooked lentils

125gr soy yogurt

1 garlic clove

2 tbsp olive oil

Rosemary

Salt

Black pepper

Looking for quick and easy recipe that will still blow your taste buds? This Garden Gourmet 5 ingredients baked squash with the Vegan Filet Pieces is made for you.

# **PREPARATION**

#### 1. Preheat the oven

Preheat the oven to 180 IC.

# 2. Bake the squash

Cut the pumpkin into regular pieces. Place them on a baking tray, add a tablespoon of olive oil, salt and pepper to taste and mix. Bake for 15 minutes, stirring halfway through cooking.

## 3. Bake the Garden Gourmet Filet Pieces

Add the rosemary and Garden Gourmet Filet Pieces and bake for another 10 more minutes, turning them over halfway through cooking.

# 4. Prepare the yoghurt sauce

Meanwhile, mix the soy yoghurt with the grated garlic, the remaining tablespoon of oil, a pinch of salt and pepper.

## 5. Plate up and enjoy

Serve the lentils and the baked squash with the chargrilled pieces on top. Season with yogurt sauce.

CHECK OUT MORE RECIPES AT GARDENGOURMET.COM

<u>Garden Gourmet</u> > <u>Recipes</u> > <u>Baked Squash with Chicken-Style Filet Pieces</u>