

MEXICAN TORTILLAS WITH VEGETARIAN FILET DIECES

INGREDIENTS

叫 4 SERVINGS

() 20 MIN



1 pack Garden Gourmet Filet Pieces

125 g kidney beans (drained weight)

125 g corn (drained weight)

1 avocado

2 sweet pointed peppers

2 tomatoes

4 carrot tortilla's (or other vegetable tortilla)

100 ml crème fraiche

1 tbsp cajun seasoning

1 tbsp fresh coriander

3 tbsp plantbased oil

Give your traditional tortillas a twist with our vegetarian recipe. Garden Gourmet filet pieces, avocado, peppers, corn... Everyone will like it!

PREPARATION

1. Marinate and fry the filet pieces

Mix the oil with the cajun seasoning and marinate the filet pieces. Heat a frying pan and fry the filet pieces according to the instructions on the package until golden brown.

2. Mix veggies with corn

Meanwhile, let the beans and corn dry out. Clean the fresh vegetables and cut into mini cubes. Mix the vegetables with the corn.

3. Heat the tortillas

Heat the tortillas according to the instructions on the package.

4. Heat the beans and filet pieces

Heat the beans with the Garden Gourmet filet pieces for the last few minutes.

5. Build your tortillas!

Cover half of a tortilla with the Cajun filet pieces-bean mixture and the other half with the vegetable salad. Garnish with a dot of crème fraîche and coarsely chopped coriander and fold the tortilla.

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