

INGREDIENTS

 4 SERVINGS

 15 MIN

 EASY

1 pack Garden Gourmet Schnitzel
4 pita breads
60 g tomatoes
20 g red onion
10 g arugula
80 g mayonnaise (or vegan mayonnaise)
Some harissa sauce to taste (or sweet chili)

This is the perfect vegetarian recipe to create for a quick but delicious lunch. Make it with our Schnitzel and enjoy it with friends and family!

PREPARATION

1. Prepare the schnitzels

Prepare the Garden Gourmet Schnitzels according to the instructions on the packaging. Cut it into strips and these into halves.

2. Cut veggies and spread sauce in pita

Cut the tomatoes into slices and the red onion in julienne strips. Open the pita bread. Spread the vegan mayonnaise in one half and the harissa sauce in the other.

3. Customize your pita and enjoy!

Fill with the Schnitzels strips, tomato, onion and arugula leaves. Optional: Mark the pita bread on a grill.

4. Complete your picnic set!

TIP: To complete this recipe and get a healthy and balanced menu, prepare an easy vegetable starter to take on a picnic, for example, some crudités of carrot, pepper, cucumber, etc. with hummus or a jarred salad. Accompany it with a piece of fruit that can be consumed with the skin or that is easy to remove.

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